

Blueberry Coconut Popsicles

A sweet, refreshing summer treat that's easy to make!

Ingredients

- 360 ml / 1 1/2 cups coconut milk
- 2 tbsp maple syrup or agave nectar
- 1 tsp vanilla extract
- 1 cup blueberries, fresh or frozen

Instructions

1. Mix the coconut milk, maple syrup and vanilla in a blender until smooth.
2. Add the blueberries and pulse until they've been "smashed" but not completely blended.
3. Pour the mixture into popsicle molds and freeze for at least 5 hours or overnight.

